

expressive, haunting & graceful – *exposed* will **move** you



EXPOSED

by restless dance theatre



DIRECTOR'S NOTES

The idea came from an experience I had as a person living with disability where I was made to feel very vulnerable in the public space. I felt overwhelmed with fear and distress at the lack of empathy shown. I initially revealed my vulnerability but quickly realised the situation required me to show strength.

It got me asking 'What happens when your usual defences are challenged? Do you stay and fight? What's your fall-back?' It is my response to the feeling of vulnerability – a powerful standing up for oneself.

Drawing on this personal experience Michelle explained in greater detail her thoughts behind creating the work.

Most of us are free to make choices about what parts of our life we keep private and what is public. But for some, this choice is often not so straight forward. We need to rely on others, sometimes strangers to help us with

moments in life that you might take for granted. And if we are lucky, we will have people around us who we trust. Trust is built slowly over time, relinquishing ourselves to the hands of others.

With our backs to the wall, creating edges and boundaries, we build a community around us to keep our fragility protected. It is when we feel safe enough to let our guards down, we can show the little pieces of ourselves that are our most personal. To be brave, yet vulnerable, is when we feel safe and not exposed.

Michelle Ryan



COMPANY DANCERS



Darcy Carpenter



Jianna Georgiou



Michael Hodyl



Charlie Wilkins



Alexis Luke



Madelene Macera



Michael Noble



Bhodi Hudson
(Understudy)

EXECUTIVE TEAM

Artistic Director
Michelle Ryan

Creative Producer
Roz Hervey

Chief Executive Officer
Julie Moralee

Finance Manager
Theresa Williams

CREATIVES

Director
Michelle Ryan

Assistant Director
Larissa McGowan

Lighting and Set
Designer
Geoff Cobham

Costume Designer
Renata Henschke

Music composed and
performed by
Emily Tulloch
Hillary Kleinig

Music recorded and
mixed by
Jarrad Payne
Hillary Kleinig
Emily Tulloch

Rehearsal Director
Larissa McGowan

Production and Stage
Manager
Katya Shevtsov

Operator
James Oborn

ACKNOWLEDGEMENT OF COUNTRY

At Country Arts SA, we live and create on the lands of the First Nations peoples of South Australia and pay our respects to Elders past and present.

We embrace the principle of 'First Nations First' and are committed to working together to safeguard, celebrate and present First Nations' living cultures.

COUNTRY ARTS SA LEADERSHIP TEAM

Chief Executive/Executive Director
Anthony Peluso

Arts and Culture Leader
Merilyn de Nys

Arts Centres Leader
Sussan Baldwin

Marketing Leader
Kyra Herzfeld

Development Director
Cassandra Barendregt

Sustainability Leader
Michael Bloyce

Head of People
Jill Bolzon

"AN UNASHAMEDLY FEEL-GOOD MUSICAL"

THE AUSTRALIAN

WRITTEN AND DIRECTED BY
Wesley Enoch

THE SUNSHINE CLUB

MUSIC BY
John Rodgers

TOURING
TO RENMARK
& MT GAMBIER
JUNE 2023

